



EXPANDING EXPORT MARKETS FOR PECANS: CHINA AND BEYOND

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Health Benefits of Pecans: Topics included natural antioxidants, cholesterol-lowering, weight control, heart-healthy, and nutrient-dense. References included The American Journal of Clinical Nutrition September 2003, and Nutrition Research August 2006. Eat healthy recommendations by the American Heart Association and U. S. Dietary Guidelines.

Availability: Georgia is the nation's leading producing state of the Pecan, Nature's health food. Availability of the crop is year round.....pecans are harvested from October through December. Albany and Dougherty County are known as the "Pecan capital of the world," because of the number of pecan trees in the area.

Versatility: Pecans are one of the most popular and versatile all-season nuts. The pecan can be enjoyed many different ways from pies to salads, all year around.

Export statistics: Georgia's new markets and continued growth in export sales, for Shelled and In-Shelled Pecans.

Closing: State of the State of Georgia's Agriculture.